

BOOTSTRAP



Bootstrap: Verb. Help oneself, often through improvised means.

Published for Members of the Lennox Leadership Development Organization

Online at <http://mtnsrv07/lldo> or <http://nma1.us/chapters/lennox>

Blurbs from Burgess.....



Hello fellow members! This greeting comes on the heels of our trip to the NMA National Conference. This year it was held in the exciting city of New Orleans. It was a three day conference that was jam-packed full of opportunities to develop and improve skills through workshops and educational forums. David Hanson, National Director, and Shane Jacobson, Past President, attended the event with me.

During the conference there is an event called the Recognition Lunch. It is a time to celebrate and recognize the extraordinary performances of the chapter. As we have stated in the past few months, the 2008-09 LLDO team received the Outstanding Chapter Award, Community Services Award and for the first time we received 1st place for the Publications Award. The awards themselves are merely the symbols of achievement. The important message behind them is the incredible performances of so many great team members in our chapter.

This year we are also celebrating 45 years of being a chapter associated with NMA. The years alone are true testament to the value of our chapter. However, we are faced with some challenges that none of us have previously seen. With less people in the factory, but the same amount of work that needs to be done we understand that time is more of a commodity today than ever. The famous saying "do more with less" is tough to visualize. But in true Lennox fashion we need to be innovative. We need to look at problems differently and do things better. Where challenges may seem scary at first they can be the best learning opportunities we may ever have. A saying I heard at the conference was "If you do what everyone else is doing, you will get what everyone else is getting."

So the challenge the 2009-10 team has is to continue to offer personal and professional leadership development opportunities that help you come up with innovative ideas. In the upcoming months NMA is releasing some tools to aid us in training. These tools will allow us to offer courses that are quick and easy. I challenge each member to find time to review these tools and attend these luncheons. To achieve what we have never had, we must do what we have never done. To do what we have never done, we must be what we have never been.



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XXX
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Vision Statement

NMA is the recognized worldwide partnership of people and businesses inspiring outstanding leadership, and cultivating highly productive workplaces.



Mission Statement

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations, and communities.

SEPTEMBER PROGRAM



Season 2 Winner (and Iowan):

MATT HOOVER

Have you ever had a goal or project that seemed so big you didn't even know where to begin? Matt Hoover knows that feeling. He started Season 2 of the Biggest Loser at 339 lbs. Over nine months he managed to lose 157 lbs and win the title of "The Biggest Loser."

Join your fellow LLDO Members for the "BIGGEST" September meeting ever!

DATE: Thursday, September 24

TIME: 11:30 a.m. - 1:00 p.m.

PLACE: Auditorium



Join the **Professional Development Committee** for a follow up discussion to

Problem Resolution: *Finding Effective Solutions*

Thursday, October 8
12:00 pm - 1:00 pm
Cooling Conference Room

**Want better solutions?
Ask better questions!**



Resources



'em out!

www.mindtools.com



Please contact Teri Wilson (Community Services) at 4008 if you're available to deliver meals to the elderly in Marshalltown. They need people for the Tuesday, north side route, at 10:30 a.m. It takes approx. 1 hr for 2 people to deliver the meals.

BLAST FROM THE PAST!

Bootstrap April 1991

P's for Performance

(From the July 1988 Bootstrap)

Potential and talent are two attributes which can guarantee success in your career, but they alone will not do the job. PS MAGAZINE took a look at 6 "P's" that indicate a person is committed to achieving success on the job:

PERSEVERANCE This gets you moving and keeps you going when you face obstacles that threaten to sabotage your progress.

PUNCTUALITY Punctuality gives your leaders the impression that you're dependable and mature.

POSITIVISM When you confront a challenging project, believe in yourself. Taking a positive approach always helps.

PERSPECTIVE A cool head is an important asset, and having a good sense of perspective keeps your thinking calm and rational.

PERSUASIBILITY If you expect to deal successfully with changing business conditions, you must be flexible – open to new ideas.

PRACTICALITY It's essential to keep your eye fixed firmly on reality. Problems don't disappear by being ignored.



Name That Publication Contest!



A \$20 Visa Gift Card and endless notoriety will go to the winner of the contest to rename the "Bootstrap".



Please email Joyce Wilson with your entries. Include the suggested new name, your name and telephone extension. Please keep entries "clean".

Entries will be compiled and published in the next Bootstrap. (The name of the person submitting the entry will not be published for this part.)

LLDO members will vote (by email to Joyce) on the entries narrowing them down to the top 3.



Membership will then vote on the top 3 at the November meeting.

The entry with the most votes will win and the new name will be used in the next edition of the newsletter.



You can't win if you don't play!

"A successful person is one who can lay a firm foundation with the bricks that others throw at him or her." David Brinkley


Community Services

Coming in October

American Institute for Cancer Research




PINK ON PURPOSE



THE WINNER IS!

THE RESIDENTS OF
THE IOWA VETERANS HOME!



TOTAL COLLECTED \$547.77

IOWA HAWKEYES HAD \$217.46
\$55.10 in Pennies less \$162.45 in bills & silver giving them a
Score of: -107.35

IOWA STATE CYCLONES HAD \$330.31
\$94.21 in Pennies less \$236.10 in bills & silver giving them a
Score of: -141.89

HAWKS WIN!
THANKS TO ALL WHO DONATED!

Blood Drive Results! Note from Sarah Yager at the Blood Center

Thank you so much to the both of you for all the hard work and time you put in to planning and preparing for yesterday's blood drive. We had some great results and we couldn't have done it without you guys!

We registered 27 donors yesterday at the blood drive. We collected 18 products from whole blood donations and 10 products from double red cell donations. That is a total of 28 products which will help save the lives of 84 Iowans in need of blood. That is fantastic!



We also had 2 first-time donors! Thank you for seeking them out, they are what keep us going!



BINGO!

AT THE




Iowa Veterans Home

L.L.D.O. Community Services will once again host the

Annual Fall Bingo Night

Tuesday evening, Sept. 22, 2009

At 6:15 p.m. we'll bring the residents to the game area.
Bingo starts at 7:00 and ends at 8:00 p.m.

This event is open to ALL Lennox employees.
Bring the kids and make it a family night!



Quakerdale youth will participate with Lennox volunteers.

Please sign-up in Human Resources to be part of this fun evening.

Contact Toby Brimmer at: toby.brimmer@lennoxind.com with questions.




Race

For the Rubbish





**FALL BIKE PATH
CLEAN-UP**

Wear your favorite racing gear!
Enjoy the weather, people, food & fun while helping beautify the bike path!

Friday, October 2
11:30 a.m., meet in HR

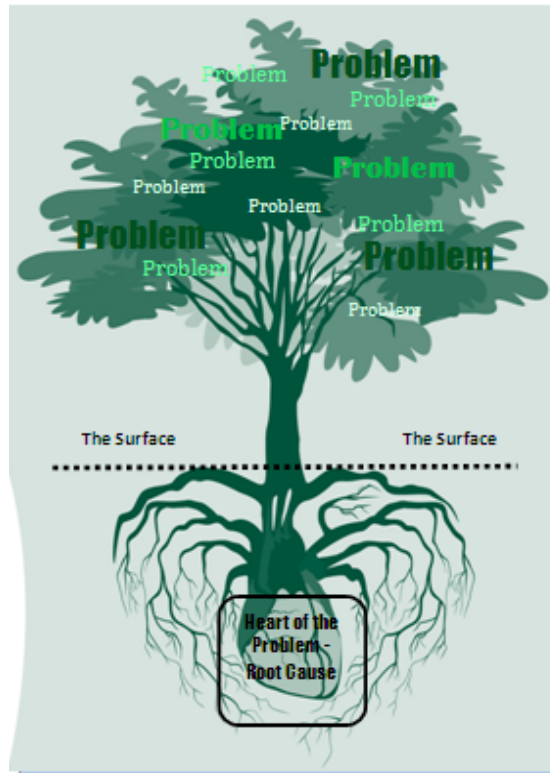



PIZZA & PRIZES
at Centennial Park Provided

Signup in H.R. or the 2nd Floor Break Area
No later than Thursday, Oct. 1

"Give me a stock clerk with a goal and I'll give you a man who will make history. Give me a man with no goals and I'll give you a stock clerk." J.C. Penny

“Failure is an event, never a person”William Brown



The LLDO Professional Development Committee

Presents:

Problem Resolution *Finding Effective Solutions*

Jerry Stevick,
Quality Team Leader

Wednesday, September 30
12:00 pm – 1:00 pm
Cooling Conference Room

Dessert and Drinks Provided
Please RSVP to Jillian Kern (ext 4321)

“Having no problems is the biggest problem of all.”
~ Taiichi Ohno, *Toyota*

ICPM Corner

Melody Branner

ICPM Manager of Customer Relations



The Certified Manager Program would not be possible without the dedicated service of ICPM's

many CM instructors, facilitators, proctors and faithful supporters.

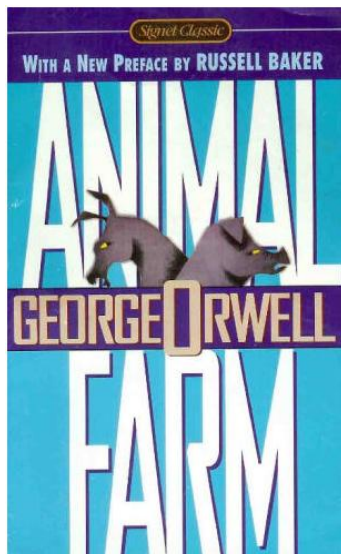
The ICPM staff thanks you for sharing your time and expertise so that others in your chapter and organization can develop their management and leadership skills and excel in the workplace. We appreciate you!

If you are interested in becoming involved with the CM Program, as an instructor, facilitator, or applicant, contact me.

Melody Branner
ICPM Manager of Customer Relations
800-568-4120 or
icpmcm@jmu.edu
www.icpm.biz

Good Stuff (recommended reads) *Animal Farm* by George Orwell

Per Parke, this is one of the best books you'll read about the competing philosophies of the 20th & 21st centuries (capitalism and socialism).



Animal Farm
George Orwell
Penguin 1951

A book review by [Danny Yee](http://dannyreviews.com/) © 1992 <http://dannyreviews.com/>

Animal Farm is easily the most famous work of political allegory ever written. The animals take over the running of a farm, and everything is wonderful for a while — until the pigs get out of hand. It is a brilliant description of what happens when the revolution goes astray. Allegory is hard to do gracefully, but Orwell manages it superbly: while true appreciation of *Animal Farm* requires an understanding of the history of the Russian revolution, those without it will still get the point. And *Animal Farm* can even be appreciated as a story by children with no understanding of the political message at all!

October Meeting

Don't Manage Your Stress

Rekindle Your Spirit



The most popular of Dr. Sheperd's presentations, this is definitely not your typical "Managing Stress" seminar. This is a presentation that fits any work environment; Corporate, Manufacturing, Education, Health Care and other human service groups. "Stress is an overused and misused word." according to Dr. Sheperd. "Managing your stress sounds like a lesson in how to be more efficient with your misery."

Dr. Sheperd uses a humorous but thought provoking approach that both challenges the audience to accept responsibility for their own lives, and gives them strategies to improve the quality of those lives. "I don't want people to just feel good at the end of my talk and have it last 2 hours or even 2 weeks. I want them to have ideas they can use after they leave because that is when the work begins." Using real life examples and with an approach that is constantly called "down-to-earth", Dr. Sheperd's presentation has relevance to people in any profession and at any level, from top management to front line workers.

"The specific situations people are facing are not as critical to me as what they bring to those situations. All of us are facing life, whether it's a changing workplace, job layoffs, serious illness, or personal problems. Our attitudes, the way we think, what we value, and how hard we are willing to work, all determine how we are going to handle those situations." "Rekindling the Spirit is about rediscovering our own power in our lives, and our passion for living, working, and making a difference."

This is a presentation that may evoke laughter and may bring tears to your eyes, but it will definitely give you something to think about.



NMA... THE Leadership Development Organization



Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

- We believe in the highest standards of personal and organizational integrity and respect for the individual.
- We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.
- We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.
- We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.
- We believe that individuals and organizations have a community and civic responsibility.

Code of Ethics

- I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.
- I will assume that all individuals want to do their best.
- I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.
- I will be guided in all my activities by truth, accuracy, fair dealing and good taste.
- I will keep informed on the latest developments in techniques, equipment, and processes. I will recommend or initiate methods to increase productivity and efficiency.
- I will support efforts to strengthen the management profession through training and education.
- I will help my associates reach personal and professional fulfillment.
- I will earn and carefully guard my reputation for good moral character and good citizenship.
- I will promote the principles of our Free Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.
- I will recognize that leadership is a call to service.