



# BLOOD TSTAP

Published for Members of the Lennox Leadership Development Organization  
Online at <http://mtnsrv07/lldo> or <http://nma1.us/chapters/lennox>

## Burgess Blog.....

### What would we do without Lennox LDO?

Have you ever thought about what would happen if we didn't have our chapter of Lennox LDO? What would life be like without it? During this chapter year I have heard so many comments on the benefits of our chapter, the lives we touch and the professional benefits that people have taken advantage of.

But have you stopped to think what would happen if we didn't have our chapter? Often times we get so caught up in our daily routines we take for granted what is happening around us. For well over 65 years our company has



sponsored an employee volunteered organization to help train, develop and sustain our employees. During this time we have helped countless community endeavors, professionally developed hundreds of employees and socially gratified many more. Each of us have a different reason for being a member of LLDO. Some of us use it to be more comfortable in front of crowds; others use it for an avenue to help on



community organized events; while others come to a monthly meeting to socialize with co-workers. Whatever your reason is, have you thought about what would happen around us if we didn't have LLDO? Have you thought about all the benefits this chapter brings to fellow members or community organizations? Have you thought about what you're missing by not being involved? I encourage every member and non-member of our organization to think about these questions I raise. The benefits of LLDO are abounding. It's up to you to rise to the leadership challenges.





**LENNOX**

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X4251

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X4424

Deb Kerr  
X4528

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X4275

Dane Wills  
X4367



**Major NMA Awards Received!**



2009 Outstanding Chapter Award  
Lennox Leadership Development Org.  
Shane Jacobson, President



First Place, 2009 Publications Contest  
"Bootstrap"  
Sam Drella, Public Relations Chair



2009 Community Services Award  
Sandy Holubar, Community Services Chair

*Chapter awards received from the NMA for the 2008/2009 year are show above. Shane, Sam and Sandy thank their Committee Members and LLDO membership for working together to make the awards possible.*

***DID U KNOW.....***

***The Lennox Chapter of the NMA was chartered in February, 1964? Almost 50 years ago!***

**ATTENTION!**

**The Nominating Committee is seeking volunteers to run for Board Positions for the 2010/2011 Chapter year.**

**Nominations from the floor may be made at the March 2010 chapter meeting.**

**Prior to the March meeting, if you'd like to nominate someone, or yourself, please contact:**

**Michelle Burgess (#4251) or Kim Barnes (#4007).**

**Try it, you'll like it!**



From the

# NMA Breaktime

An electronic Newsletter for NMA Members

NMA... THE Leadership Development Organization

February 2010 Issue

## The Best Time to Plant a Tree

Paul Cahoon, Chapter President

Lockheed Martin Leadership Association #565, Fort. Worth, TX



The best time to plant a tree is twenty years ago ... so what does one do now? Should the missed opportunity be placed in the Book of Regrets as a reminder of what could have been? Some believe that life is a big circle; others believe history repeats itself. I believe no amount of good intentions can create a twenty-year old tree so let that bygone be gone. The opportunity is not coming back.

While we are given different sets of tools and different sets of circumstances, we are each given just one chance to live life. Spending hours, weeks, or years mired in regret stifles one from accomplishing the next good intention. Becoming consumed by past decisions or a past unwillingness to make decisions distracts from one's ability to guide the future in much the same way as driving

a car while staring out the rear window. No amount of regret can plant a tree twenty years ago.

The best time to plant a tree is twenty years ago; the second best time is now (proverb). While one cannot affect the past, one can certainly affect the future. "Be the change you want to see in the world" - Mahatma Gandhi. Be that change, today. If you want a friendlier world, be a friendlier person. If you want a less stressful work environment, learn stress-reducing techniques and share with others.

As leaders, we must realize no one gets a second chance to live life over; however, from every dawn emerges a new day to improve upon the past, to find purpose, to find peace. Individually, it is our responsibility, to let go of the past and become the person we have always wanted to be. Rather than becoming tangled in the past, we must take all of life's lessons, all the words of wisdom, and all the virtuous qualities we have found in others and apply them to the pursuit of our passion.

## From Crisp Fifty Minute Series!

### Managing Personal Change

\$14.95 each  
(less 25% discount)

Whether it's unexpected or planned, change always provides new opportunities. Make sure you have the skills to take advantage of the current situation and turn it into a positive experience. Changing careers, weathering reorganization, beginning retirement...every transition presents an opportunity for personal growth, as long as you're prepared.



Click here to learn more about *Managing Personal Change*:  
<http://www.axzopress.com/237/855/1-4260-1836-3.aspx>

Click here to learn more about Crisp Fifty Minute Series books:  
<http://www.nma1.org/Education/Crisp.html>

## Supervisory and Management Skills Program (SMS)

The *Supervisory and Management Skills Program* is a series of ten sequenced and coordinated fourteen-hour courses providing comprehensive and interactive learning exercises geared to assist each participant in becoming a better manager. Topics covered include the ten most-frequently mentioned supervisory training needs. The SMS program is truly a leader in the field of supervisory development and comprises the most comprehensive learning package offered to business and industry today.

Click here to learn more about *Supervisory and Management Skills*  
[http://www.nma1.org/Education/Supervisory and Management Skills.html](http://www.nma1.org/Education/Supervisory%20and%20Management%20Skills.html)





## Vision Statement

NMA is the recognized worldwide partnership of people and businesses inspiring outstanding leadership, and cultivating highly productive workplaces.



## Mission Statement

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations, and communities.

## February 2010 Lennox LDO Program



**Mechdyne**  
ENABLING DISCOVERY

Mechdyne Corporation was founded in 1996 by Dr. Chris Clover, an Iowa State University Ph.D. graduate with extensive experience at the university's Virtual Reality Applications Center. He recognized the potential for advanced visualization and interaction technologies and his research led him to realize the growing demand for customized systems, software, and services. Mechdyne quickly and profitably grew to be one of the leading suppliers and innovators of large-scale visualization technology.

Chad Kickbush and Doug Betts from Mechdyne (fka "Fakespace") will be speaking with us about Mechdyne Operations



Chad Kickbush  
Operations Manager



Doug Betts  
Manager, Engineering  
Research & Development

- February 18, 2010
- 11:30 am – 1:00 pm
- Large Auditorium
- RSVP via e-mail to Member Relations
- Meal catered by Zenos



## SUCCESS STORIES!

Please share how the NMA & LLDO has helped you with your career goals.

Email your story to Joyce Wilson.



## Professional Development



## PD Committee Hosts Workshop on *Transformational Decluttering*

Submitted by: Jillian Kern, Professional Development Chair

Dr. Christine Hegstad spoke to a group of 14 Lennox employees following the monthly Programs meetings, sharing tips and strategies for *De-Cluttering* their lives. Particular emphasis was placed on dealing with paperwork and sentimental items. For a list of resources to assist you in your *De-Cluttering* efforts, stop by Human Resources.



# Community Services



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**BINGO!**

AT THE

*Iowa Veterans Home*

L.L.D.O. Community Services will once again host the

**Annual Feb. Bingo Night**

Tuesday evening, Feb. 23, 2010

At 6:15 p.m. we'll bring the residents to the cafeteria area.  
Bingo starts at 7:00 and ends at 8:00 p.m.

***This event is open to ALL Lennox employees.***  
**Bring the kids and make it a family night!**



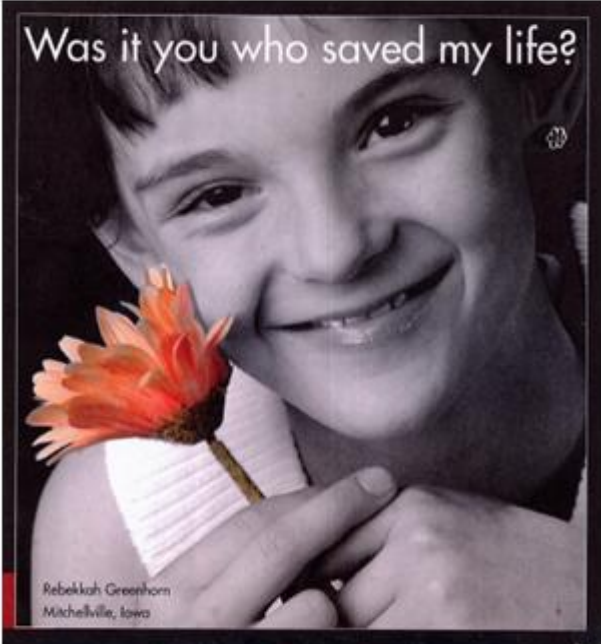
Quakerdale youth will participate with Lennox volunteers.

Sign-up in H.R or the 2<sup>nd</sup> floor break room  
to be part of this fun evening.

Contact Toby Brimmer at: [toby.brimmer@lennoxind.com](mailto:toby.brimmer@lennoxind.com) with questions.

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Was it you who saved my life?



Rebekkah Greenhorn  
Mitchellville, Iowa

**Blood Drive**

**Thursday, February 25, 2010**

Signup sheets in HR or the Nurse's office

Contact Bob Oetker for details.



**Lennox LDO Speech Contest is scheduled for  
Monday, March 22, 2010**

Volunteers are needed for contestant escorts (4),  
a timer and a videographer.

Contact Mike Bair at Ext #4472 if you'd like to volunteer.

***Please encourage any student in grades 9-12 to participate!***

***BIG BROTHERS & BIG SISTERS "BOWL-A-THON"***

Signup is in process, paid sponsorships are limited but still available.

Contact Craig Broyles or Kim Meyer for information

*“The Grand essentials of happiness are: something to do, something to love, and something to hope for.” .....Allan K, Chalmers*



**NMA... THE Leadership Development Organization**



**Statement of Principles**

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

- We believe in the highest standards of personal and organizational integrity and respect for the individual.
- We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.
- We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.
- We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.
- We believe that individuals and organizations have a community and civic responsibility.

**Code of Ethics**

- I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.
- I will assume that all individuals want to do their best.
- I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.
- I will be guided in all my activities by truth, accuracy, fair dealing and good taste.
- I will keep informed on the latest developments in techniques, equipment, and processes. I will recommend or initiate methods to increase productivity and efficiency.
- I will support efforts to strengthen the management profession through training and education.
- I will help my associates reach personal and professional fulfillment.
- I will earn and carefully guard my reputation for good moral character and good citizenship.
- I will promote the principles of our Free Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.
- I will recognize that leadership is a call to service.

*“If someone in your life talked to you the way you talk to yourself, you would have left them long ago.” .....Carla Gordon*